

2023 RMD Sadhana Shivir Schedule	
Day 1: Saturday, July 8	
5:15 PM	Arti & Kirtan
6:00 PM	Dinner
7:30 PM	Live Spiritual Discourse
8:15 PM	Welcome
8:30 PM	Maharaj Ji's Video & Aatm Nireekshan
9:15 PM	Sadhana
10:30 PM	Warm Milk & Snacks
11:00 PM	Rest
Day 2 to 15: Sunday - Saturday, July 9-22	
6:00 AM	Arti & Sadhana*
7:15 AM	Parikrama*
7:30 AM	Yoga/Devotional Walk*
8:15 AM	Breakfast*
9:30 AM	Sadhana/Seva*
10:30 AM	Maharaj Ji's Divine Lecture*
11:00 AM	Sadhana*
12:00 PM	Lunch**
1:00 PM	Rest
2:30 PM	Sadhana/Music Class for Kids
3:30 PM	Maharaj Ji's Divine Lecture
4:00 PM	Sadhana
5:15 PM	Arti & Kirtan***
6:00 PM	Dinner
7:30 PM	Live Spiritual Discourse
8:30 PM	Maharaj Ji's Video & Aatm Nireekshan
9:15 PM	Sadhana****
10:30 PM	Warm Milk & Snacks
11:00 PM	Rest
Day 16: Sunday, July 23	
6:00 AM	Arti & Sadhana
7:15 AM	Parikrama
7:30 AM	Yoga/Devotional Walk
8:15 AM	Breakfast
9:30 AM	Sadhana
10:30 AM	Maharaj Ji's Divine Lecture
11:00 AM	Sadhana
12:00 PM	Prayer, Kirtan, MJ's Lecture, Kirtan
12:40 PM	Announcements, Bhog, Arti
1:00 PM	Lunch
<p>*July 16: Radha Rani Rath Yatra (6:00 am arti; 6:30 am breakfast; 8:00 am Rath Yatra; 11:00 am Indoor Program; 12:30 pm Lunch; 2:30 pm Radha Rani will return to the mandir; 4:00 pm Bhog; 5:15 pm arti and resume normal schedule)</p>	
<p>**July 9: weekly Sunday satsang regular schedule (12:00 pm Prayer; 12:05 pm Kirtan; 12:15 pm MJ's lecture; 12:30 pm Kirtan; 12:40 pm announcements, bhog, arti; 1:00 pm lunch - shivir participants may go to lunch at 12 noon if they prefer)</p>	
<p>***July 15: 5.30 PM Radha Rani will be brought to the rath (meet outside temple)</p>	
<p>****July 22: Poojan to Shree Maharaj Ji + Sadhana</p>	
July 9, 15 & 22: Darshan in Shree Maharaj Ji's Room (6:30-7:15 pm)	