

2019 Sadhana Shivir Adult Schedule	
Week 1 (June 22 - June 30)	
Day 1: Saturday, June 22	
5:00 PM	Arti
5:30 PM	Dinner & Free Time
7:30 PM	Live Spiritual Discourse & Seva Orientation
8:45 PM	Welcome
9:30 PM	Sadhana
10:30 PM	Warm Milk & Snacks
11:00 PM	Rest
Day 2 to 8: Sunday - Saturday, June 23 - June 29	
6:00 AM	Arti, Sadhana and Parikrama
7:30 AM	Yoga/Morning Devotional Walk
8:15 AM	Breakfast
9:30 AM	Applying Principles of Raganuga Bhakti in Daily Lives
10:30 AM	Maharaj Ji's Divine Lecture
11:00 AM	Sadhana
12:00 PM	Lunch
1:00 PM	Seva/Rest
2:00 PM	Sadhana
3:30 PM	Electives or Seva
5:00 PM	Arti
5:30 PM	Dinner & Free Time
7:30 PM	Live Spiritual Discourse (Camp Cultural Program on June 29)
8:45 PM	Devotional Family Time
9:30 PM	Sadhana
10:30 PM	Warm Milk & Snacks
11:00 PM	Rest
Day 9: Sunday, June 30 - Radha Rani Rath Yatra Celebrations	
6:00 AM	Arti
6:30 AM	Breakfast
8:00 AM	Rath Yatra - Chariot Procession
10:30 AM	Rath Yatra - Temple Program (Lecture, Leela & Radha Rani Charan Darshan)
12:30 PM	Lunch & Conclusion of Week 1